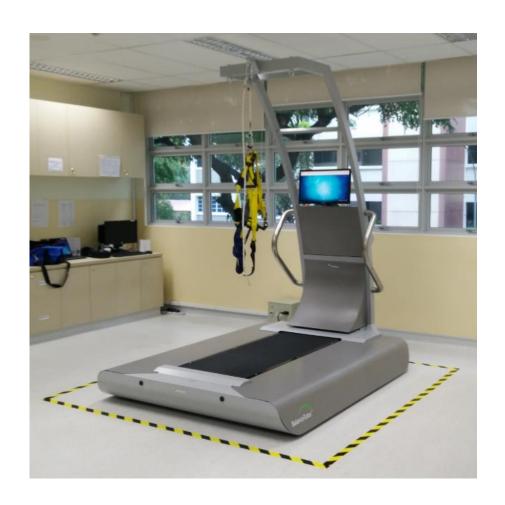


# BalanceTutor™ User Manual

July 2020



BalanceTutor a dynamic and static postural control trainer

Page 1 of 85



This manual covers operation procedures for the following MediTouch product:

#### **BalanceTutor BT100**

The BalanceTutor by MediTouch is a Perturbation Treadmill designed for postural control training has been tested to IEC medical standards for electrical safety. It is a Class I, Type BF device.

Type BF Medical Equipment





IEC 60601-1-1 compliant IEC 60601-1-2 compliant

IPX-0

Date	Change description	Written by	Ver.
11 Feb 2016	Initial version	Ziv K.	160211
8 Nov 2017	Adding: Wearable sensor usability 9.2, 9.3, Update: Platform load bearing calculation	Ziv K.	171108
18 Jun 2018	Modification of (Special Care in Use)	Avraham C.	180618
03 Oct 2018	Modifications to comply with IEC60601-1 Ed 3.1	Ziv K.	181003
18 Feb 2020	Adding Gait Analysis evaluation	Ziv K.	200218
25 Feb 2020	Adding section: system security	Ziv K., Moshe D.	200225
22 Mar 2020	Evaluation reports parameters definitions Avraham C. 200		200322
17 Jun 2020	Certificate update: ISO 9001:2015, ISO 13485:2016. Name plate EC rep details	Ziv K.	200617
24 Aug 2020	Adding postural analysis measures descriptions	Avraham C.	200824

E&EO

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il



# **User Responsibility**

This Product will perform as described in this User Manual and by accompanying labels and/or inserts, when it is assembled, operated, maintained and repaired in accordance with the instructions provided. This Product must be checked periodically as described in this manual. A defective product should not be used. Parts that are broken, missing, plainly worn, distorted or contaminated should be replaced immediately. Should such repair or replacement become necessary, it is recommended that a telephone or written request for service advice be made to MediTouch This Product or any of its parts should not be repaired other than in accordance with instructions provided by MediTouch authorized representatives or by MediTouch Trained personnel. The Product must not be altered without the prior written approval of the MediTouch Quality Assurance Department.

The user of this Product shall bear the sole responsibility for any malfunction which results from improper use, faulty maintenance, improper repair, damage, or alteration by anyone other than an MediTouch authorized representatives. Any unauthorized maintenance, repairs or equipment modification activities may void the MediTouch product warranty.

#### MediTouch Contact Information

MediTouch welcomes your inquiries and comments. Professional staff, including physiologists, physiotherapists, applications engineers, and customer support specialists are available to assist you with any questions you may have regarding your BalanceTutor system.

### MediTouch Headquarter

Address 45 Hamelacha street, Netanya 42505, Israel

Telephone (972) 9 8637477 Fax (972) 9 8652935 Website www.meditouch.co.il

## Service and Support

Address 45 Hamelacha street, Netanya 42505, Israel

Telephone (972) 9 8637475 Fax (972) 9 8652935

Email support@meditouch.co.il

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il

DO-15-01-02

BalanceTutor user manual 200824.doc

Page 3 of 85



## **Contents**

User Responsibility	3
MediTouch Contact Information	3
Device description	8
1 Safety, Warnings, Precautions, Prohibitions	9
1.1 Electric safety / safety classes	10
1.2 Patient and Therapist security according to IEC 601-1	10
1.3 Connection of units installed outside medically utilized locations	10
1.4 Protection against the danger of electrical shocks	11
1.5 Environmental requirements	11
1.6 Economic life-time	12
1.7 Labels, Locations, Interpretations	12
1.7.1 Name plate	13
1.7.2 User manual labels	13
1.7.3 Warning labels	14
1.7.4 Safety standards, norms	15
1.7.5 The CE mark	15
1.7.6 EMC Electromagnetic & Safety Compatibility	15
1.8 Intended use – Indications	16
1.8.1 Neuromuscular Rehabilitation	16
1.8.2 Musculoskeletal Rehabilitation	16
1.8.3 Vestibular Rehabilitation	16
1.8.4 Sport Training	16
1.8.5 Aging	16
1.8.6 Special Care in Use	17
1.9 Forbidden use – Contraindications	18
1.10 Clinical guidelines	18
2 Installation & commissioning	22
2.1 Staff members	22

Page 4 of 85



2.2 Staff members qualification	22
2.3 Device installation schematics	23
2.4 Installation preparation form	24
2.5 Installation procedure	25
3 Transport, Unpacking & Packaging	26
3.1 Transport to upper floors and through narrow doors	26
3.2 Mechanical installation	27
3.3 Electrical installation	27
4 Instructions For Use	29
4.1 Iluminated system status indicators	29
4.2 Starting the BalanceTutor system	29
4.2.1 Installation, Overview, Checklist	29
4.2.2 Switching the device ON	30
4.2.3 Start working with patients	30
4.2.4 Switching the device OFF	31
4.3 Software Operation	32
4.3.1 Login	32
4.3.2 Homing stage	32
4.3.3 Patient List	33
4.3.4 Operational Modes	34
4.3.5 Trigger Treatment	35
4.3.6 Muscle Training	39
4.3.7 Evaluations	40
4.3.8 Reports	43
4.3.9 Session Log	52
4.3.10 COP	54
4.4 System Security	57
4.4.1 Users	57
4.4.2 Anonymous Patient	58
4.4.3 System Hardening	59
4.4.4 Automatic System Log Off	60
4.5 Data Export	60



4.5.1 PDF	60
4.5.2 CSV	62
4.6 System messages	64
4.7 Version identifier	66
5 Training	67
5.1 General notes	67
5.1.1 Suitable clothing	67
5.1.2 Before starting training	67
5.2 Safety harness	67
5.2.1 Putting on the harness	67
5.2.2 Sizes	68
5.2.3 Harness features	68
5.2.4 Trigger positioning lanyar	68
5.2.5 Harness setup	69
5.3 General advice for training	71
5.4 Training duration and frequency	71
5.5 Selecting training parameters	71
5.6 Training troubleshooting	72
5.7 Patient becomes unconscious	72
5.8 After training	72
5.9 At the end of a training day	72
6 Clinical Guidelines	73
6.1 Clinical Applications	73
6.1.1 Weight-Bearing Encouragement	73
6.1.2 Compensatory Step Respond	73
6.1.3 Vestibular Rehabilitation	73
6.1.4 Muscle Activation	74
6.1.5 Somatosensory System Training	74
6.1.6 Multi-Task	74
6.1.7 Standing Stability	74
6.1.8 Walking Stability	74

Page 6 of 85



7 Maintenance & Safety Inspections	76
7.1 Preventive maintenance	76
7.1.1 Power entry to the device	76
7.1.2 Treadmill belt set to the correct tension	77
7.1.3 Perturbation plate centering	77
7.2 Immediate maintenance	77
7.3 Regular inspections/examinations	77
7.4 Visual inspection dirt / damage – daily before training	78
8 Wearable sensors	79
8.1 Setup IMU sensors	79
8.2 Setup Heart Rate monitor	79
9 Troubleshooting	80
9.1 Touch screen is not responding	80
9.2 Interference factor	80
9.2.1 Mechanical	80
9.2.2 Electrostatic Discharge	80
9.2.3 Source of Interference	80
10 Technical specifications	81
11 Certificates	82
11.1 ISO 9001	82
11.2 ISO 13485	83
11.3 Certificate of compliance medical devices	83
12 Disposal	85
12.1 Disassemble and cut up	85
13 Appendix	85
13.1 Instruction & Commissionina	85

Page 7 of 85



# **Device description**

The BalanceTutor by MediTouch is a Perturbation Treadmill that is an innovative device for postural control and balance trainer. The device consists of a treadmill mounted on a moving force plate platform. The platform moves in the medial/ lateral and forward/ backward plains to simulate a slip and a trip in both the standing and walking phase.

An innovative approach using wireless sensors integrated in the BalanceTutor allows for the provision of numerous kinds of controlled expected and unexpected perturbation. These kinds of perturbation can be generated in relation to the specific phase of gait namely in stance or swing phase in the gait cycle. In addition to controlled expected and unexpected perturbation in the standing and gait, the device also allows for Center of Pressure control practicing.



# 1 Safety, Warnings, Precautions, Prohibitions

- ✓ Read the whole manual before use.
- ✓ Consult a doctor before using this device.
- ✓ Only one person at a time to use BalanceTutor.
- ✓ Do not use walk aid devices like stick or walker with the device.
- ✓ Use only with appropriate clothing and training shoes.
- ✓ Incorrect and/or forbidden use and/or overtraining can lead to serious injury or even death.
- ✓ If you feel close to fainting, the training has to be stopped immediately.
- ✓ If you feel sick or dizzy, stop training immediately and consult a doctor.
- ✓ Always warm up fully at walking speed before starting to run.
- ✓ Any kind of BalanceTutor operation including patient treatment must be carried out by only trained therapist/ doctor certified by MediTouch Company.
- ✓ Use at own risk the manufacturer is not liable for damage.
- ✓ Anyone not involved in the training session must keep at least a safe distance of 2 meters away from any part of the system.
- ✓ Don't use any system/additional part/accessory which has not been installed or checked by MediTouch.
- ✓ BalanceTutor must only be used after equipment verification according to user manual.
- ✓ Do not start or carry out training if abnormal operation detected. If an abnormal operation occurs during a session stop the session immediately by the emergency stop switch or by the software in the operators display panel.
- ✓ Before start of any treatment on the BalanceTutor wear the safety harness on the patient and confirm patient is secured, safe and ready to start a treatment or a session.
- ✓ The BalanceTutor is approved for use with a maximum body weight of 135 kilograms. Heavier patients must not be trained with the BalanceTutor.
- ✓ Make sure, before releasing the user from the harness belt, the treadmill and the perturbation mode are not active and no automatic software program is in progress.
- ✓ If there are faults or abnormal or if there is evidence of damage (e.g. unusual sounds), the training session must be stopped immediately and a MediTouch authorized technician must be informed without delay.
- ✓ In the event of a power failure the user must be lowered using the emergency release. Do not continue training until proper operation is guaranteed.



- ✓ The BalanceTutor system may only be used if maintenance has been carried out properly according to the instructions included in this user manual.
- ✓ Consulting, sales, installation, commissioning, instruction, inspections, maintenance and service repair works only through trained and by MediTouch certified personnel.

## 1.1 Electric safety / safety classes

The BalanceTutor is a class I ME equiepment (Medical Electrical). Therefore,



To avoid the risk of electric shock, this equipment must only be connected to a supply mains with protective earth.

#### Background:

In order to protect the user and the personnel, the association of German electro technicians Inc, (VDE) has published special directives for medical used rooms and electro-medical devices. Devices with a power supply therefore have to, in order to prevent the passing on of the mains voltage over to touchable metal pieces, be equipped with not only a reliable isolation of the parts being under voltage but also additional safety precautions.

The VDE-association divides it into so called safety classes. For electro-medical devices, licensed safety classes are mainly used the safety class I (i.e. safety precautions with protective wiring), and the safety class II, (i.e. safety measures without protective wiring but with double isolation): Devices of the safety class I are devices, where the metallic casing-parts are connected with the protective wire of the line net via the safety contact. In the case of an isolation error the inserted fuse element switches off.

#### 1.2 Patient and Therapist security according to IEC 601-1

At your BalanceTutor medical product the user is protected / isolated from the mains in accordance with the safety standard referring to the requirements for leakage current values according to IEC 601-1. The connection of further mains-operated units to your BalanceTutor may cause that all the leakage currents add and the safety of the patient is reduced. Due to this the connection of further units may only be carried out on consultation with MediTouch.

#### 1.3 Connection of units installed outside medically utilized locations

If units installed outside medically utilized locations (e.g. external printer, host computer etc.) are connected to a MediTouch unit installed in a medically utilized location the VDE 0750 regulations must be observed. Connection only via:

- 1. Optical fiber or optocoupler (4kV checked and approved) or ...
- 2. Protective isolation via insulation transformer according to IEC 601-1.

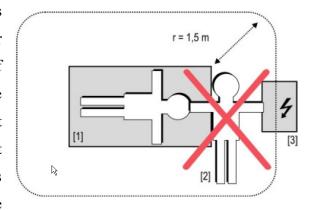
Tel: (972)-9-8637477 45 I



These units are to be connected to the equipotent conductor. Due to the increased safety requirements medical instruments may not be connected via extension leads or multi-way connectors.

## 1.4 Protection against the danger of electrical shocks

Casing and cover: Parts of non-medical electric devices within the surrounding of the subject, which, after having taken off the coverings etc. without the use of tools for a routine maintenance etc., are in touchable reach, have to operate with a voltage that does not exceed 25 volt alternate voltage and 60 volt direct voltage, which is produced by a separate source as described in IEC 601-1. According to this example the



leakage current would flow from the electric device to the earth end subject via the therapist/doctor.



Electrical equipment [3] and a subject [1] must never be touched by the doctor or trainer [2] at the same time.

## 1.5 Environmental requirements

MediTouch systems are not to be used in medically utilized rooms with a danger of explosions or in easily inflammable atmospheres. The devices must not be installed near to e.g. an x-ray device, motors or transformer with high connection power, as the electric and magnetic interference can falsify measurements or even make them impossible. High voltage lines must be avoided nearby the device. MediTouch electrical devices with mains connections must neither be used in wet and humid areas (e.g. swimming pool, sauna, etc.) nor in environmental chambers.

If not stated otherwise in the delivery information MediTouch devices are designed for operation in normal climatic surroundings (DIN IEC 601-1):

- Temperature:  $+10^{\circ} \dots +40^{\circ} \text{ C}$
- Relative humidity: 30 ... 70 % (non-condensing!)
- Air pressure: < 1.5 bar (approx. 10,000 feet (3000m), without pressurization)

The system has to be protected from high humidity. Store the devices at a temperature of  $-20^{\circ}$  ... +  $50^{\circ}$  C.

Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 11 of 85



#### 1.6 Economic life-time

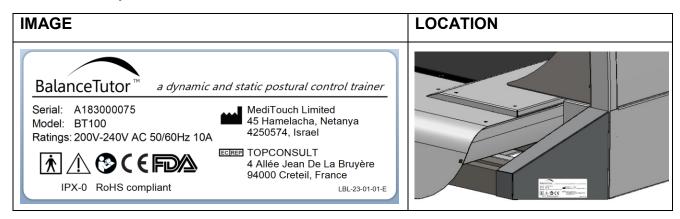
The economic life time of the product is determined at common usage and application to 15 years, provided that after 10 years all electrical parts and component, as well as mechanical parts like for example deflection pulleys, are renewed (at damage or unusual heavy duty possibly earlier) and the recommended maintenance intervals are kept. Every maintenance and repair work needs to be carried out by authorized MediTouch technicians. For expendable parts a shorter life-time is due.

## 1.7 Labels, Locations, Interpretations

Read and understand the labels on the BalanceTutor. The labels provide safety information while using the device for safe and enjoyable exercise experience. Should any of the labels become damaged and unreadable, immediately contact MediTouch for replacements.



## 1.7.1 Name plate



#### 1.7.2 User manual labels

IMAGE	MESSAGE
	Refer to instruction manual / booklet
	Warning / Hazard /Safety precautions
	Pay attention to accompanying instructions
∱	Devices of the type BF
$\sim$	Alternating current (AC)
•	Bullet point
17	Symbol for collection, treatment, recycling and disposal of waste electrical and electronic
	equipment (WEEE) as set out in Directive 2002/96/EC of 27 January 2003 of the European
	Parliament and of the Council on waste electrical and electronic equipment

Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 13 of 85



## 1.7.3 Warning labels

IMAGE	MESSAGE	DESCRIPTION	LOCATION
	Hand Crush/Moving Parts	This label is located on areas where the moving platform slides below the stationary metal cover that present a pinch hazard. Hands or any other part of the body should not be placed in these areas during operation of the system.	
	Sitting Prohibited	This label located on the moving platform and indicates to any person not sit on the platform.	8
	Protective Earth Ground	This label located near any physical connection of ground wire to chases. Normally this label located within the device.	Internal ground connection
	Electrical Shock/Electrocution	This label is located beside the electrical entrance of the device and indicates a high voltage is present in that location. If you see this label, do not get close to or disassemble any of the components to which it is attached. The high voltage can cause serious injury or death. Only a qualified MediTouch Service Technician should attempt any repairs in these areas.	

Page 14 of 85

MediTouch

1.7.4 Safety standards, norms

All MediTouch systems are produced according to strict safety and quality controls. The product

must not be used, if the certificates/permissions and the (according to the list of technical

specifications) defined safety standards do not correspond with the local and country-specific

requirements. The country-specific requirements must be compared before initial operation. Operate

BalanceTutor system only, if the requirements correspond. Full list of applicable norms see also in

the CE-certificate of compliance.

The standards with date in this manual with reference to design and construction characteristics refer

to the up to date valid versions at the time of manufacture.

The standards with date in this manual applying to routine measurements and continual safety

relevant measures (e.g. electrical measurements to determine leakage current, insulation resistances

etc.) can and will change with time. Therefore the up to date valid versions of the respective

standards at the time of measurement and their limit values, which can deviate then from the

procedures and limit values in this manual, apply.

1.7.5 The CE mark

The G mark on the nameplate of the device confirms the compliance to the council directive

89/336/EEC appendix I (EMC electromagnetic compatibility).

1.7.6 EMC Electromagnetic & Safety Compatibility

The BalanceTutor system for medical applications has been built corresponding to the European

Union Council Directive 93/42/EEC Norms: EMC: EN60601-1-2, Safety: EN60601-1 Ed 3.1

Certification bodies: ITL – Israel Testing Laboratories.

Tel: (972)-9-8637477

Fax: (972)-9-8852935
BalanceTutor user manual 200824.doc

45 Hamelacha, Poleg industrial zone, Netanya, Israel.

Zip: 42505, PO Box: 8306 Page 15 of 85 www.meditouch.co.il info@meditouch.co.il



#### 1.8 Intended use - Indications

BalanceTutor can be used in Neuromuscular, Musculoskeletal rehabilitation, vestibular rehabilitation, sport training and fall prevention in geriatric field. There are varieties of medical indications that the system can be indicated as follows:



Consult a qualified doctor before using this device. The physician in charge is always responsible for indicating the training.

#### 1.8.1 Neuromuscular Rehabilitation

- ✓ Stroke
- ✓ Head injury
- ✓ Spinal cord injury
- ✓ Multiple sclerosis
- ✓ Cerebral palsy
- ✓ Peripheral nerve injury

#### 1.8.2 Musculoskeletal Rehabilitation

- ✓ Joint surgery / fracture
- ✓ Amputation
- ✓ Muscle weakness
- ✓ Prosthetic
- ✓ Muscle / tendon strain
- ✓ Ligament strain

#### 1.8.3 Vestibular Rehabilitation

✓ Dizziness, vertigo and equilibrium therapy

#### 1.8.4 Sport Training

- ✓ Rehabilitation after sport injury
- ✓ Athletes training

## 1.8.5 **Aging**

- ✓ Fall prevention
- ✓ ADL activities improvement

45 Hamelacha, Poleg industrial zone, Netanya, Israel. Zip: 42505, PO Box: 8306 www.meditouch.co.il info@meditouch.co.il

DO-15-01-02

Tel: (972)-9-8637477



#### 1.8.6 Special Care in Use

In general, any kind of training by the device requires special attention to ability and medical condition of patient. However, the following list highlights particular indications that require specific care in use according to relevant therapy protocols and must be with the approval of a qualified physician/ doctor recommendation.

- ! Joint instability following surgery or trauma.
- ! Soft tissue damage such as Muscle or ligaments tear.
- ! ACL/PCL restoration of Knee
- ! Droop foot
- ! Limb prosthesis
- ! Joint replacement like Hip, knee and Ankle.
- ! Epilepsy



#### 1.9 Forbidden use - Contraindications

Any kind of medical problems including cardiovascular, mental or physical impairment leading to an inability to use the system are contraindicated for using of the device. The following contraindications must be taken into account before using of the BalanceTutor:

- Patients who are not able to stand or walk without walk aid devices or external assistance.
- Body weight greater than 135 kg
- Severely fixed contractures
- Bone instability (non-consolidated fractures, unstable spinal column, severe osteoporosis)
- Open skin lesions in the area of the lower limbs and torso
- Unstable circulation
- Cardiac (blood) contraindications
- Uncooperative or (self) aggressive behavior, such as transitory psychotic syndrome
- Severe cognitive deficits
- Patients with (long-term) infusions
- Mechanical ventilation
- Severe vascular disorders of the lower limbs
- In general, patients who have been ordered to remain in bed or immobile due to, for instance, osteomyelitis or other inflammatory/infectious disorders

The above list does not claim to be exhaustive. The decision as to whether a patient is suitable for treatment always comes under the remit of the physician in charge, who has sole medical responsibility for the treatment. As part of this, he must evaluate in particular, in each individual case, possible risks and side-effects of the treatment against the benefit gained from it. In addition, the patient's individual situation plays just as important a role as the basic risk assessment for specific patient groups.

Being a scientific discipline, medicine is subject to constant change in response to new knowledge and progress. It is therefore the task of the physician in charge to continually keep his knowledge up to date by reading the latest scientific literature and to acquire new knowledge during the course of treatment.

## 1.10 Clinical guidelines

When an unexpected perturbation is happening, Center of Mass (COM) is passively moving toward the perturbation direction. The body needs to react immediately (70-120 ms) to restrain this

Tel: (972)-9-8637477



unplanned COM passive movement. This reactive postural response is intended to stabilize the COM over the Base of Support by returning it back to initial position or to create new safe BOS for COM using a compensatory step. In these two cases the body tries to move actively to opposite direction of the applied perturbation.

There are several guidelines based the above concept how to formulate the appropriate perturbation according to rehabilitation aims as follows.

### Target: Weight bearing encouragement

Technique: Medial /Lateral Unexpected Perturbation

Clinical effect:

- ✓ Weight bearing through customized reactive response
- ✓ Proprioceptive and kinesthesis rehabilitation

## Target: Ankle flexion rehabilitation

Technique: Forward to Backward unexpected Perturbation

Clinical effect:

- ✓ Fast and highly intensive activation of Gastrocnemius and Soleus muscles
- ✓ Unique technique for Forefoot weight bearing
- ✓ High level coordination of ankle agonist and antagonist muscle activation
- ✓ Unique facilitation of gait initiation

#### **Target: Ankle extension rehabilitation**

Technique: Backward to Forward Unexpected Perturbation

Clinical effect:

- ✓ Fast and highly intensive activation of ankle extensors muscles
- ✓ Unique technique for Rearfoot weight bearing
- ✓ High level coordination of ankle agonist and antagonist muscle activation

#### **Target: Ankle instability rehabilitation**

Technique: Multi-Direction Unexpected Perturbation

Clinical effect:

✓ High Level ankle neuromuscular coordination

45 Hamelacha, Poleg industrial zone, Netanya, Israel. Zip: 42505, PO Box: 8306 www.meditouch.co.il info@meditouch.co.il

Tel: (972)-9-8637477



- ✓ Static and Dynamic ankle joint stabilization
- ✓ High resolution of Proprioceptive and Kinesthesis activation

#### Target: ACL rehabilitation

Technique: Forward to Backward Unexpected Perturbation

#### Clinical effect:

- ✓ Fast and Highly Intensive activation of Knee muscles
- ✓ Use of ACL Proprioceptive and Kinesthesis abilities at maximum capacity
- ✓ Accurate and Fast Quadriceps and Hamstrings Coordination

#### **Target: Neuromuscular coordination training**

Technique: Kinetics and kinematics triggered perturbation

#### Clinical effect:

- ✓ Fast Co-contraction of Agonist and Antagonist muscles of the limb in stance phase
- ✓ Fast Co-ordination of Agonist and Antagonist muscles of the limb in swing phase
- ✓ Customized open-loop and closed-loop neuromuscular control

#### Target: Groin strain rehabilitation

Technique: Accelerated Perturbation while walking sideways

## Clinical effect:

✓ Controlled contraction and stretching of the hip adductors

## Target: Hip flexion rehabilitation

Technique: Forward to Backward Perturbation while standing and walking

#### Clinical effect:

- ✓ Unique technique for stretching of Iliopsoas in stance phase
- ✓ Fast contraction of Iliopsoas through automatic response at swing phase

#### **Target: Hip extension rehabilitation**

Technique: Backward to Forward Perturbation while standing and walking Clinical effect:

✓ Fast contraction of Gluteus maximus through automatic response

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il



### Target: Hip abduction rehabilitation

Technique: Medial to Lateral Perturbation while standing and walking

Clinical effect:

✓ Fast contraction of Gluteus mediums toward opposite direction of applied perturbation.

## **Target: Pure Reactive Response Training**

Technique: Random Multi-Direction perturbation while running

Clinical effect:

- ✓ Improvement of Automatic Postural adjustment
- ✓ Faster compensatory step
- ✓ Improvement of Recovery time

## Target: Multi task training

Technique: Multi-Direction perturbation

Clinical effect:

- ✓ Neuromuscular muscles coordination
- ✓ Fast Static and Dynamic multi-joints stabilization
- ✓ Optimal balance training

#### Target: Weight bearing

Technique: Shifting of Center of Pressure (COP)

Clinical effect:

- ✓ COP feedback training
- ✓ Challenging controlled proactive weight bearing



At the suspicion of unauthorized access or other reasons to lock the BalanceTutor device, the system has to be locked, signed as "blocked" and secured against use (for example, unplug the power cord and to affix warning label).

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il



# 2 Installation & commissioning

#### 2.1 Staff members

The following staff name members will need to be available during installation stages:

PROCESS	DURATION	HUMAN RESOURCE	LOCATION
Device installation	5 hour	Distributor qualified technician and assistant	On site
Remote control	1 hour	Institution system administrator	Remotely
			Pre-installation
Technical training	2 hour	Distributor qualified technician	On site
		Hospital clinical staff	
Clinical training	1 day	Distributor or MediTouch clinician	Remotely, On
		Hospital clinical staff	site (optional)

# 2.2 Staff members qualification

ROLL	MINIMAL QUALIFICATION SKILLS	
Distributor technician	Mature technical skills. Solid understanding in mechanical assembly and	
	maintenance and good understanding in electricity and electronics.	
Therapist	Physical clinican, Physiotherapist, Occupational therapist or sport medicine trainer. Basic compuer software orientation.	

Tel: (972)-9-8637477 Fax: (972)-9-8852935 www.meditouch.co.il info@meditouch.co.il

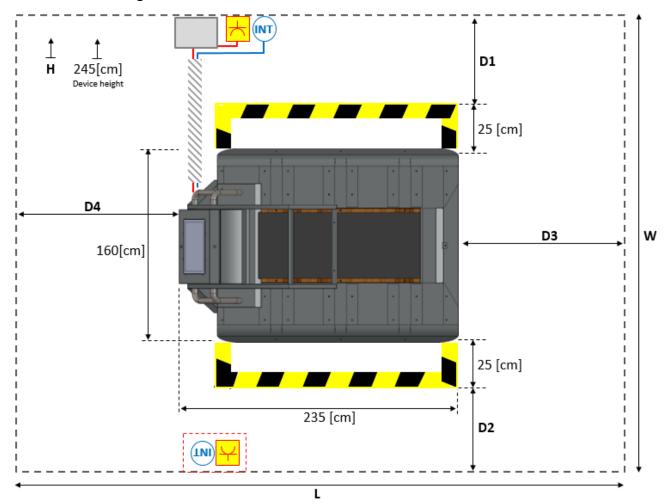
DO-15-01-02

Page 22 of 85



## 2.3 Device installation schematics

Guide lines detailing the correct installation area for the BalanceTutor.



ITEM	DESCRIPTION
$\overline{+}$	Power inlet (2 cases can be valid):
	1 Phase: 230 Volt AC L/N/PE 50/60Hz 16A circuit breaker, dedicated line.
	3 Phase: 190-230 Volt AC L1/L2/PE 50/60Hz 2x10A circuit breaker, dedicated line.
INT	Network RJ45 inlet (Optional)
(M) <del>Y</del>	Optional location for Power and Network inlets
//////////////////////////////////////	Floor cable cover
	Internet line (Optional)
	Power line
	Isolation transformer (acts as a ON/OFF device power)
	KEEP OUT zone sticker (on floor)



# 2.4 Installation preparation form

Prior to installation the below table needs to be filled in:

PARAMETER	MIN.	COMMENTS	MEASURE
D1		Up to 10m cable length from power and network inlets.	[cm]
D2	40cm		[cm]
D3		In case of camera capture system, consider appropriate distances.	[cm]
D4	60cm	Avoid impact with the entrance door	[cm]
W	300cm		[cm]
L	335cm		[cm]
Н	250cm		[cm]
Circuit Breaker	1 Phase: 16A 2 Phase: 16A	Dedicated power line required	[A]
Power and Network inlets		Specify location on top of the schematics diagram	

DESCRIPTION	OPTION (mark your option)
Wall type	Stone / Sheetrock / Wood / Other
Floor type	Concrete / Parquet / Tile / PVC / Other
Ceiling type	Concrete / Aquatic / Sheetrock / Other

SITE DETAILS	
Organization name:	
Full address:	
Contact person:	
Tel:	
Mobile:	

Scan and email to: info@meditouch.co.il

Confirmed by:	Full Name	Signature
Tel: (972)-9-8637477	45 Hamelacha, Poleg industrial zone, Netanya, Israel.	www.meditouch.co.il
Fax: (972)-9-8852935	Zip: 42505, PO Box: 8306	info@meditouch.co.il

Page 24 of 85

DO-15-01-02

BalanceTutor user manual 200824.doc



## 2.5 Installation procedure

In order perform installation and to be familiar with the product's maintenance procedures, please refer to the following document:

File name: BalanceTutor Service Manual

File number: DO-15-01-12

Page 25 of 85



# 3 Transport, Unpacking & Packaging

When receiving the machine in a crate or unpacked, make sure the machine, the accessories and/or the packaging is not damaged. If you discover any damage and/or missing parts make a note on the packing-list / delivery note of the carrier. Inform MediTouch and your dealer immediately in writing about any damages and/or missing parts.



The manufacturer does not undertake any liability for any damage, complaints and missing parts which is not reported immediately by delivery on the packing-list / delivery note.

Before you unpack the machine and accessories read instructions on the crate. Make sure that the machine, power connection cable or any optional equipment will not be damaged during unpacking. Pay special attention on small parts, so that you do not dispose them or any instructions with the packaging. Mostly all devices are delivered and assembled by MediTouch directly or by an authorized forwarder. If delivered by MediTouch the packaging may be taken back and recycled.

If the BalanceTutor system is being delivered by a carrier, you can recycle the packaging yourself or send it back to the manufacturer (transportation is to be paid by the customer). Often a recyclable transport tool or packaging or a transport-fuse (metal angle with screws) is included in the extent of delivery.

Ask your dealer and the carrier to take the packaging and the recyclable transport tool back to your dealer or to MediTouch at your own costs. In some cases, a credit note can be granted. Special packaging and/or carrier constructions must not be disposed unauthorized.

#### 3.1 Transport to upper floors and through narrow doors

The BalanceTutor system is usually delivered on a MediTouch standard pallet (L 210cm x W 166cm x H 105cm) with a crate. The pallet can either be brought in fully loaded through doors with a minimum width of 135cm with the help of a forklift truck or a hand lift truck, or the single parts can be carried in by hand to the future location.



Some of the components weigh between 20 and 100 kg.

Please notice that the installation must be done by MediTouch authorized technicians.



Transports of heavy devices must only be carried out by authorized staff in compliance with the safety standards. Otherwise there is serious danger for people and devices.

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel.

www.meditouch.co.il info@meditouch.co.il

Page 26 of 85

Zip: 42505, PO Box: 8306



#### 3.2 Mechanical installation

- In order to ensure proper installation and safety, the manufacturer, an authorized service crew or an authorized dealer must always perform transport and installation of the devices.
- For security reasons behind the BalanceTutor system is a safety area of at least 3m x 2m length and width or a minimum of the width of the equipment must be free for space to move. You must note that also the area in front of the treadmill is a safety area. So even in front of the treadmill, a safety area of at least 3m x 2m as a free fall space is required.
- The provided space for the BalanceTutor system must be even and horizontal.
- Models with leveling sockets (adjustable "feet") at the rear of the BalanceTutor system have to be adjusted so that they have a firm stand, otherwise it could lead to noises like knocking or rattling during the training. Check the level arrangement with a water-level at al axes on the frame.
- The bearing capacity of floor and ceiling in the building must be higher than the weight of the machine. It has to be approved for the MediTouch device by an authorized body of the operator. Example BalanceTutor in standard configuration, Dimensions ground frame unweighting system: L 232 cm x W 161 cm = 3.74 m² platform. Net weight of BalanceTutor system: 485 kg, static bodyweight of subject: 150 kg, dynamical weight of subject: 900 kg (up to 6 times the bodyweight), over all weight loads of system on platform: 1385 kg = bearing capacity of platform: 370 kg (~400 kg) / m².

#### 3.3 Electrical installation



An overload or a voltage drop (even short-time) of more than 20 % of the mains voltage might cause malfunctions and/or defects and might totally switch-off the BalanceTutor system.

Installation of any electrical device and MediTouch devices must only be carried out at a voltage power connection with ground wire including leakage-current protection-switch (interrupter) and according to VDE 0100 or/and the currently valid regulations and directives. Requirements for special locations, areas and establishments (e.g. medically used areas) must be strictly adhered. PE-connection (protection-earth contact) is stipulated at all running-machines. The voltage drop between the beginning of the consumer's installation and the wall socket must not be more than 4% (DIN VDE 0100-520). It is the consignee's and user's personal responsibility to check the correct functions of the mains connection



including the outlets and an authorized electrical engineer must check these points for perfect functions regularly (1 ... 4 years). Inspections of the electrical installations within the building are not incumbent on the supplier MediTouch.

- As standard, a dedicated power line of 230 Volt AC, 50/60 Hz is used with a 16A C type circuit breaker. In case of countries like USA where the voltage of a two phase in a Y constellation is 208V, you need to use a the following wiring L1/L2/PE 50/60Hz 2x15A circuit breaker with a dedicated power line.
- BalanceTutor supplied with an external isolation transformer it required to be fixed to a wall and not be disconnected in any case.
- Before installing the BalanceTutor system please compare the specifications on the nameplate concerning the mains voltage and the mains frequency with your local characteristics. Connection only if identical.
- Check the main lead, the voltage power supply outlet and ground wire protection-contacts before plugging it in.
- Damaged leads and couplers and defective or dirty contacts have to be exchanged immediately. Rubber-leads can get porous and friable after some years.
- For further questions please ask your electrical engineer or MediTouch.





- Plug the device directly into the wall socket with checked ground wire. Device has
  to be connected to a separate circuit. The use of an extension cables or a multiple
  plug sockets is not allowed.
- Electrical devices with mains connections must neither be used in wet and humid areas (e.g. swimming pool, sauna, etc.) nor in environmental chambers.



## **Instructions For Use**

## **Iluminated system status indicators**

IMAGE	DESCRIPTION	LOCATION
	Emergency stop button pressed	Upper right to the touch screen
<b>©</b>	PC ON/OFF momentary switch button	Below the touch screen
	Patient's screen	At the front of the patient
	Therapist's operation touch screen	Touch screen
Significant Colon Hill Hill Hill Colon Hill Hill Hill Hill Colon Hill Hill Hill Hill Hill Hill Hill Hil	Isolation transformer power ON light	Frontal side of the isolation transformer

## 4.2 Starting the BalanceTutor system

## 4.2.1 Installation, Overview, Checklist

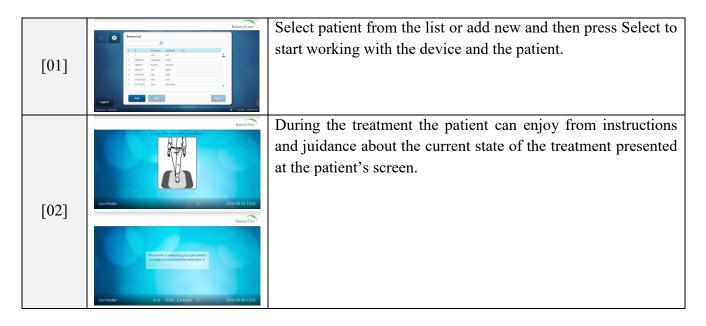
As one time after the BalanceTutor has been installed, an authorized technician (distributor or service partner) has to check whether the installation of the device has been performed properly, before the customer is introduced into the operation of the BalanceTutor. A detailed information of the installation and check list of all the tests performed, need to be delivered to the customer. Ask from the encharged of the installation a Summery Report (MediTouch reff. # DO-15-01-13).



## 4.2.2 Switching the device ON

No.	Illustration	Description
[01]		Turn the isulation transformer dual switch to ON position and confirm the green light is illuminated.
[02]		Press one time on the button to turn ON the computer of the BalanceTutor and let the operation system complete its loading.
[03]	Balance luco	Type Username: admin Password: admin
[04]	Balance flator  Castinet  A Broad in a pattor inverse grounders during inverse grounders during  Ground and a section of the s	Perform perturbation platform calibration by pressing OK, so it will be located at the center of the device. Platform will move slowly to the end of its travel and turn the direction toward center.

#### 4.2.3 Start working with patients



Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 30 of 85



# 4.2.4 Switching the device OFF

[01]	Restart App Logoff Restart Shutdown	Press on the button on the touch screen then press Shutdown. The computer of the BalanceTutor will be shutdown.
[02]	Fract hours	Press one time on the button to turn OFF the computer of the BalanceTutor.
[03]		Turn the isulation transformer dual switch to OFF position and confirm the green light is not illuminated.



- The intervals of switching off- and on must not be shorter than 1-2 minutes.
   Otherwise it could lead to interference.
- The system should be unplugged in case of longer breaks (for example overnight).

Tel: (972)-9-8637477 Fax: (972)-9-8852935 www.meditouch.co.il info@meditouch.co.il



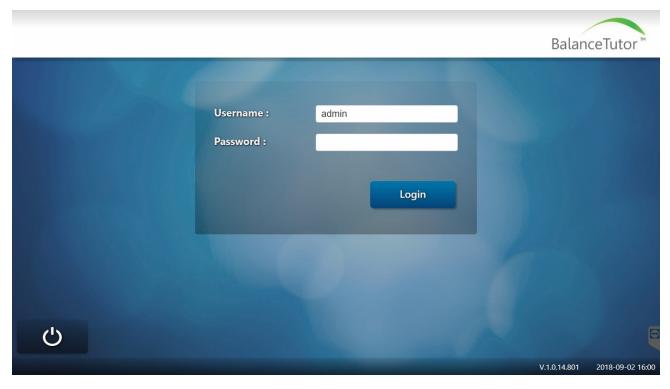
## 4.3 Software Operation

This section describes the operation of BalanceTutor software usage.

#### 4.3.1 Login

Type your username and password to login into the software.

Username: admin Password: admin



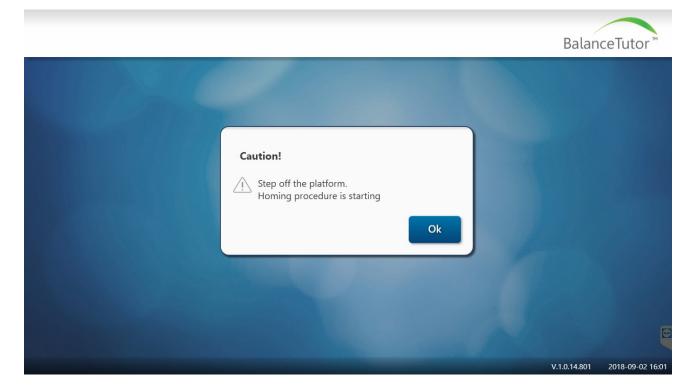
#### 4.3.2 Homing stage

In order the perturbation platform be located in the center of the device, a homing procedure required. By pressing OK, the platform will move one time to the right then return to the exact center of the device.

DO-15-01-02

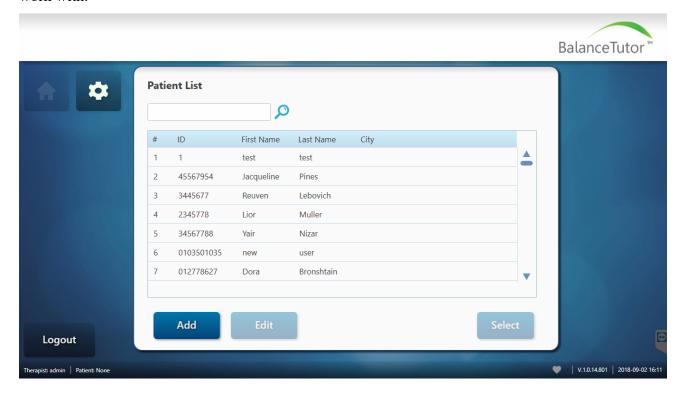
Page 32 of 85





#### 4.3.3 Patient List

In this stage you can create new patients, edit there profile and selecting a specific patient to start work with.

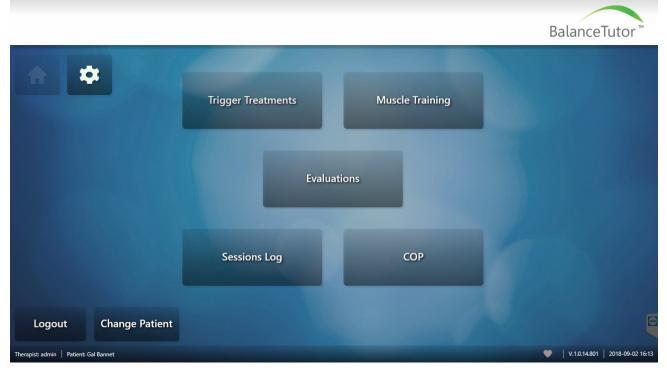


Page 33 of 85



## 4.3.4 Operational Modes

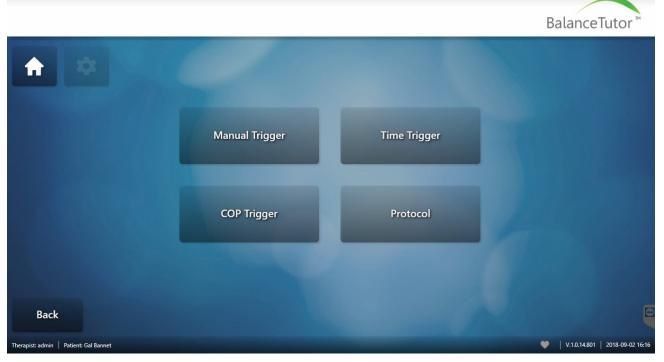
BalanceTutor enables five main applications for postural control and balance therapy.



Trigger Treatment	A series of different approaches to trigger a perturbation
Muscle Training	A series of different perturbations related to different joints
Evaluations	A series of examinations to quantify postural control abilities
Session Log	Documentation and follow up of patient's progress
COP	A series of treatments based on patient's Center Of Pressure controlling



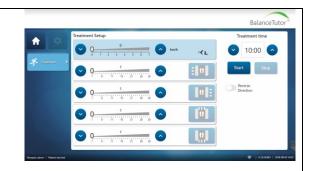
#### 4.3.5 Trigger Treatment



Manual Trigger	Treatment is manually configured by the therapist during the session
COP Trigger	Perturbation is triggered according to specific phase of the gait
Time Trigger	Perturbation is triggered according to quantities of the perturbations
Protocol	A utility to customize a series of predefined perturbation types

# 4.3.5.1 Manual Trigger

The Manual Trigger mode is designed to allow the therapist full controlling of treatment parameters during the session such as walking speed, perturbation intensities and treatment time. The therapist can set the treatment manually according to the rehabilitation needs.



## 4.3.5.2 COP Trigger

The COP (Center of Pressure ) trigger mode is designed to customize perturbation timing according to the specific phase of the gait such as Swing phase and Stance phase automatically.

This mode compused of 3 main stages (Baseline, Setup and Treatment) as described as follows:

Tel: (972)-9-8637477 Fax: (972)-9-8852935 45 Hamelacha, Poleg industrial zone, Netanya, Israel.

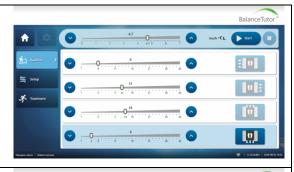
Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il



#### **Baseline**

The Baseline stage is designed to set the walking speed and Perturbation intensities in 4 directions according to patinet abilities and rehabilitation needs.



#### Setup

The Setup stage is designed to define the manner of treatment such as phase of the gait, direction of the perturbation, Treatment time, perturbation time interval, perturbation sequence (random or blook) and belt direction movement.



#### **Treatment**

The Treatment stage allows the therapist to follow the treatment process as well as to show or eliminate patient's feedbacks shown on his screen.

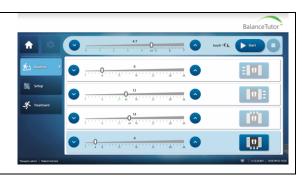


## 4.3.5.3 Time Trigger

The Time Trigger mode is designed to set the treatment according to the duration of the session ( perturbation quantity) automatically.

#### **Baseline**

The Baseline stage is designed to set the walking speed and Perturbation intensities in four directions according to patinet's abilities and rehabilitation needs.



Page 36 of 85



### Setup

The Setup stage is designed to define the manner of treatment such as phase of the gait, direction of the perturbation, treatment time, perturbation time interval, perturbation sequence (Random or Blook) and belt direction movement.

### **Treatment**

The Treatment stage allows the therapist to follow the treatment process as well as to show or eliminate patient's feedbacks shown on his screen.





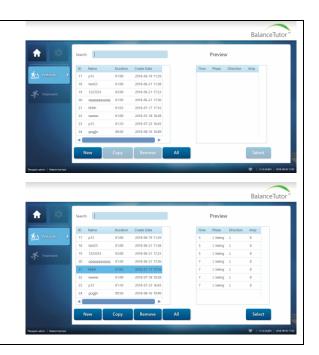
### 4.3.5.4 Protocol

The protocol mode is designed to build specific sessions that are composed of several kinds of perturbation types, such as both swing and stance phase during the gait or different perturbation interval, while such triggers detected using the COP technology. The therapist can choose a specific session from an existing protocol list or build a new protocol.

# 4.3.5.4.1 Choosing from existing protocol

### **Protocols**

The therapist chooses the specific protocol out of the protocol list and then presses the select button.



Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 37 of 85



### **Treatment**

The Treatment stage allows the therapist to follow the treatment process as well as to show or eliminate patient's feedbacks shown on his screen. Changing the direction of the belt can be switched from here.



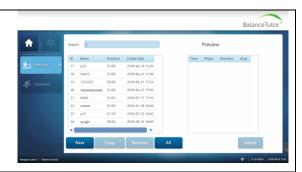
# 4.3.5.4.2 Creating new protocol

### **Protocol**

Press on New button to create a new protocol.

The therapist can build a list of different perturbations events and defined them as a single protocol as follows:

- 1. Define protocol name
- Define which trigger you intend to apply on specific task (Left Swing, Right Swing or No Tigger)
- 3. Define perturbation direction
- 4. Define perturbation intensity. By pressing Activate you can check its actual intensity (active only in standing position).
- 5. Set time interval between two perturbations event
- 6. Press ⊕ to add a perturbation or ⊖ to remove or ⊕ to duplicate the selected perturbation event
- 7. After building of session as described above press Save to complete the protocol definishion











### **Treatment**

The Treatment stage allows the therapist to follow the treatment process as well as to show or disappear the perturbation timing, direction and Balance (COP distribution) to the patient.



### 4.3.6 Muscle Training

The muscle training mode is designed to set the kind of the perturbation according to the anatomy of the body.



## **Select Muscle**

Choose the area of the body as the aim of the rehabilitation.



Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 39 of 85



### Setup

Choose the treatment time, the number of the perturbation per minute and the intensity of the perturbation. It should be noted, that the direction of the perturbation is automatically set.

# 

BalanceTuto

### **Treatment**

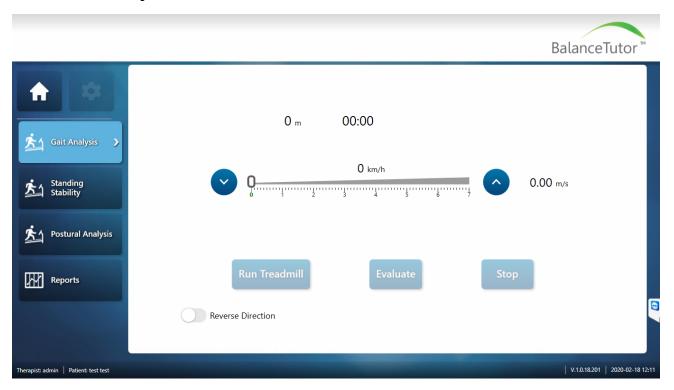
The Treatment stage allows the therapist to follow the treatment process as well as to show or eliminate patient's feedbacks shown on his screen.



### 4.3.7 Evaluations

The evaluation mode is designed to evaluate Walking ability, Standing stability and Postural analysis.

# 4.3.7.1 Gait Analysis



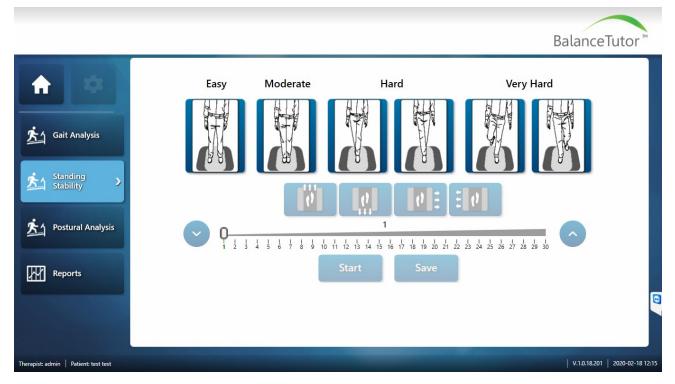
Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 40 of 85



Evaluation purpose	To evaluate the patient's gait parameters such as Step Length, Step
	Width, Stride Length, Single and Double Support, Stance and Swing.
Therapist instructions	Set the normal walking speed and record for 2min until evaluation
	finished.
• Comment	This evaluation is indicated for patient suffering form limited gait
	distance ability like less than 100 meters.
• License	This feature is license dependent and not supplied in the basic software
	package.

# 4.3.7.2 Standing Stability

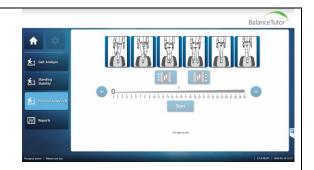


Evaluation purpose	To evaluate the level of patients Compensatory Step Postural Response.
Therapist instructions	Set the standing position, direction of the perturbation, level of the
	perturbation and start. Press save to document the evaluation.
• Comment	Choose the standing position according to patient ability.



# 4.3.7.3 Postural Analysis

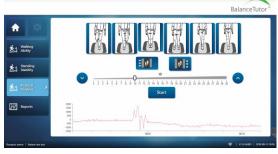
To evaluate the patient's reactive response ability in different stance positions when subjected to varying amplitudes of lateral and mdeial perturbations.



- 1. Therapist chooses the stance position
- 2. Therapist chooses either left or right perturbation
- 3. Therapist sets perturbation amplitude
- 4. Thereapist instructs the patient to maintain the stance through the perturbation and not shift base of support whenever possible until advised
- A reading will only be registered in the evaluation if the patient maintains the base of support
- 6. The therapist decides to save or discard the result of the eval

7. A report detailing stance postiion and direction and amplitude of perturbation together with the resulting reactive response is generated for the therapy records





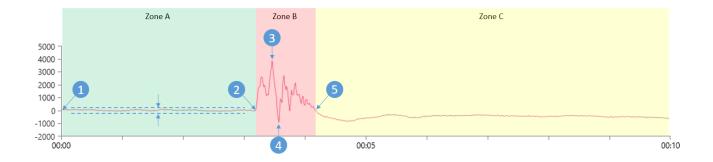






# **Signal Description:**

The graph shows medial lateral movements of COP annotated by time points relating to the perturbation event and the body sway.



Zone A: Natural body sway behavior before perturbation

Zone B: Body reaction during the perturbation event

Zone C: Regaining of the natural body sway after perturbation

Time Point 1: Start of the recording

Time Point 2: Perturbation event

Time Point 3: First overshoot of the COP peak following perturbation event

Time Point 4: First undershoot of the COP peak following perturbation

Time Point 5: Return to resting sway

Recovery Time [msec]: Time from perturabtion event to regain resting sway following

perturbation event

Reactive Response Time [msec]: Time from perturabtion event to first overshoot of COP peak

Peak [mm]: Distance in mm from first overshoot to first undershoot

COP Travel [mm]: Sum of the total length of COP excursions between perturbation

event and return to resting sway

BalanceTutor user manual 200824.doc

Page 43 of 85

MediTouch

4.3.8 Reports

Reports of walking ability standing ability and postural analysis can be generated by clicking on the

appropriate label in the top icons. These reports can be printed or saved as pdf files. A suite of

validated functional balance evaluations and a gait assessment function has been incorporated into

the BalanceTutor system. This functionality allows the therapist to generate and record validated

measures to determine, record and report on the client's reactive response ability, gait and walking

standing and balance ability.

These powerful assessments allow the therapist to establish a baseline showing the patient's

functional ability at a given time during Physical therapy. This baseline measurement will allow the

therapist to gain an objective insight into an individual's balance and gait deficits and a better

understanding of the importance of these deficits to functional ability and the performance of

activities of daily living.

In addition the evaluations provide functional measures that are helpful in predicting the benefit that

patients may expect to receive from therapeutic intervention with reactive response training.

Furthermore, by comparing evaluations during follow up treatments sessions the therapist can

demonstrate and report on improvements in the patient's balance and gait ability. Therefore these

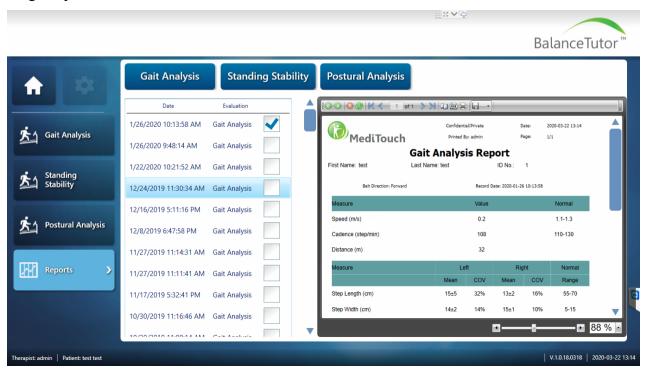
objective measures allow the therapist to better customize reactive response training and improve

balance and gait ability.

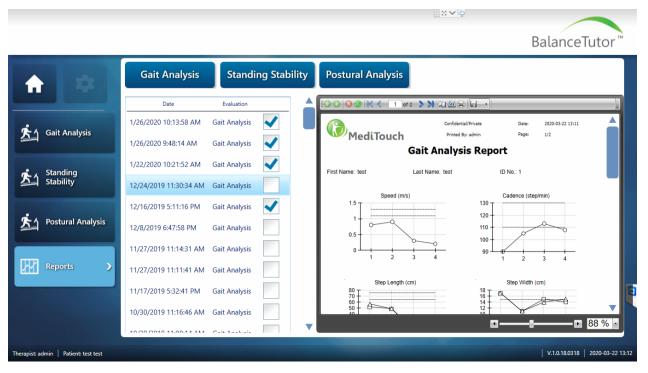


# 4.3.8.1 Gait Analysis

Single report:



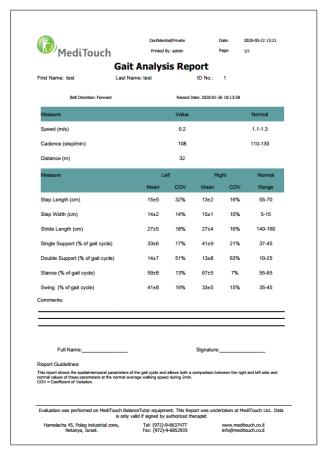
# Accumulated data report:



Page 45 of 85



# Documentatation for single record:



Speed (m/s)	The speed at which the subject is walking.	
Cadence (step/min)	The rate at which a person walk, expressed in steps per	
	minute	
Distance (m)	A numerical measurement of how far the subject walks during	
	a given time.	
Step Length (cm)	The distance between the point of initial contact of one foot	
	and the point of initial contact of the opposite foot.	
Step Width (cm)	the distance between the outer most borders of two	
	consecutive footprints.	
Stride Length (cm)	The distance between successive points of initial contact of	
	the same foot.	
Single Support (% of gait cycle)	A stage in stance phase, at which only one foot is in contact	
	with the ground.	
Double Support (% of gait cycle)	A stage that both feet are simultaneously in the stance phase	



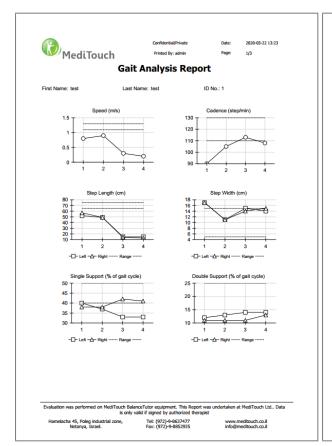
Stance (% of gait cycle)	The entire time that a foot is on the ground.	
Swing (% of gait cycle)	The entire time that the foot is in the air.	
Mean	An average of a certain parameter.	
COV	Coefficient of Variation (COV) is the ratio between the	
	standard deviation and the mean of certain parameter.	
Normal Range	An average of normal gait spatio-temporal parameters of	
	adults.	
	Bogdan Pietraszewski et al, 2012	
	http://www.actabio.pwr.wroc.pl/Vol14No3/2.pdf	

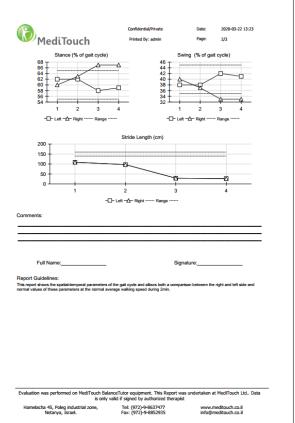
BalanceTutor user manual 200824.doc

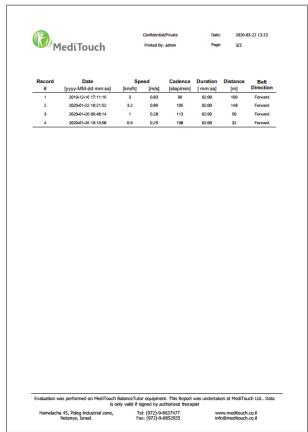
Page 47 of 85



### Documentation for accumulated records:



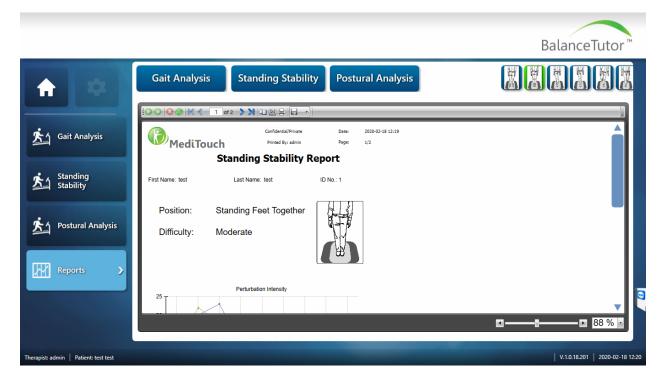




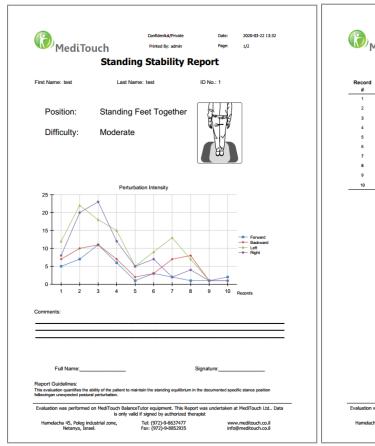
Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

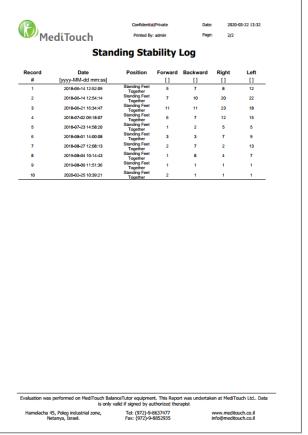


# 4.3.8.2 Standing Stability



### Documentation for accumulated records:





Tel: (972)-9-8637477 Fax: (972)-9-8852935 45 Hamelacha, Poleg industrial zone, Netanya, Israel.

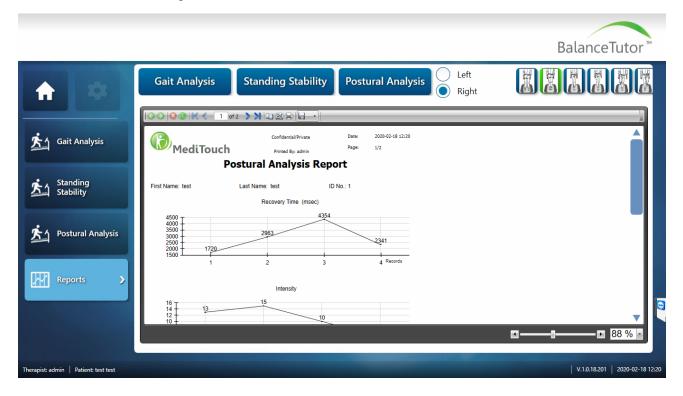
Zip: 42505, PO Box: 8306

Page 49 of 85

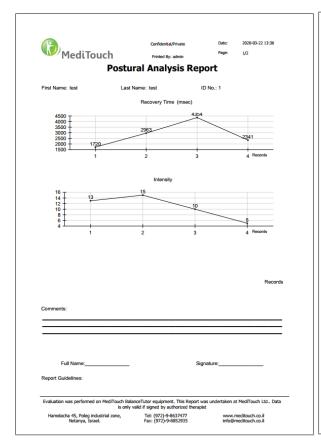
www.meditouch.co.il info@meditouch.co.il

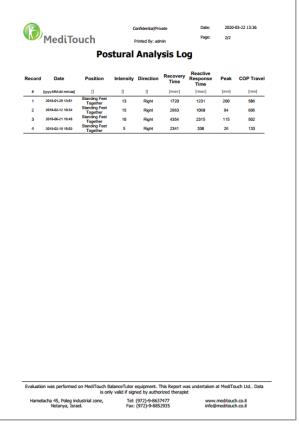


# 4.3.8.3 Postural Analysis



### Documentation for accumulated records:





Tel: (972)-9-8637477 Fax: (972)-9-8852935



Record	The chosen records of the evaluation that the user wishes to appear on
	the report.
Date	The date that the report is initiated.
Position	A particular way in which the subject is placed on the system
Intensity	The magnitude of the postural unexpected perturbation. It refers to how
	far the platform is moving during the fixed time of 300 ms. It is scaled
	from 1 to 30. For instance intensity 10 means that the platform is
	moving 10 cm for 300 ms.
Direction	The direction that the platform is moving toward
Recovery Time	The period of time that the body recovers from an unexpected
	perturbation.
Reaction Response Time	The period of time that the body needs to react ( detecting time) to the
	unexpected perturbation.
Peak	Peak-to-peak amplitude is the change between peak (highest and lowest
	amplitude value.
COP Travel	The total distance that the cop is moving. (COp excursion)



### 4.3.9 Session Log

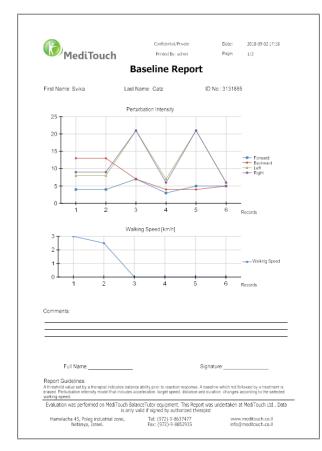
A session Log is an inquiry of Baseline changes and all Treatment conducted in patient's activity history.

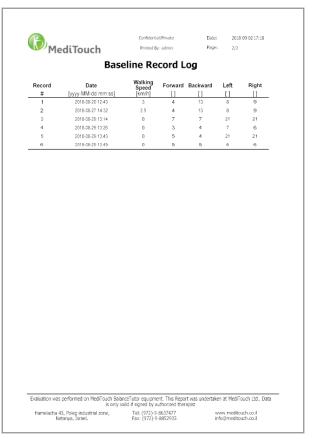
### 4.3.9.1 Baseline



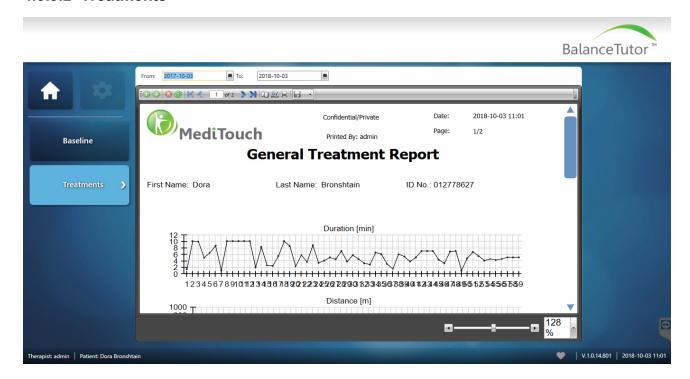
Baseline report can be generated by clicking on the appropriate label in the top icons. These report can be printed or saved as pdf files.







### 4.3.9.2 Treatments

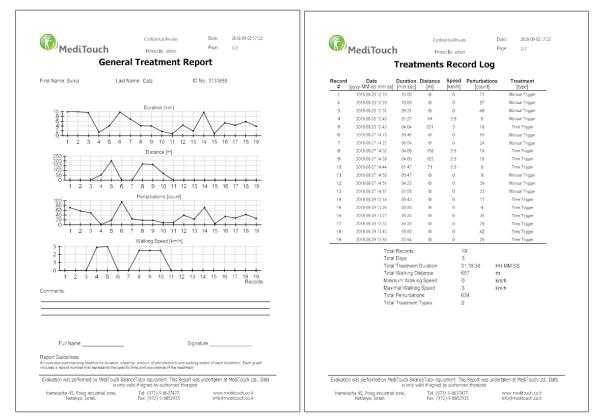


Treatments report can be generated by clicking on the appropriate label in the top icons.

Page 53 of 85



These report can be printed or saved as pdf files.

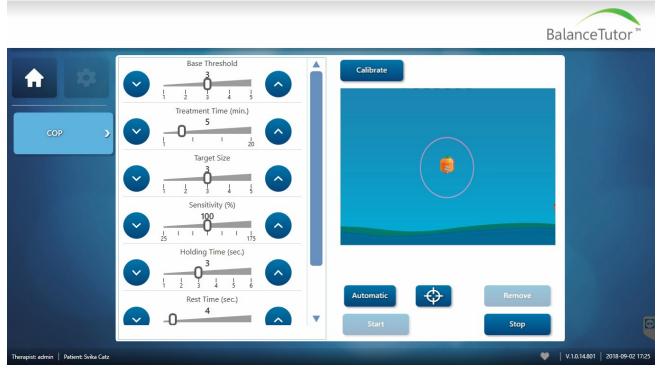


### 4.3.10 COP

The COP task have been desgined to facilitate repetitions of isolated weight shifting practice in any stance positon. The practice cabn be customized according to the patient's weight shifting movement ability and the therapists objective for practice.



# 4.3.10.1 Fruit Shop

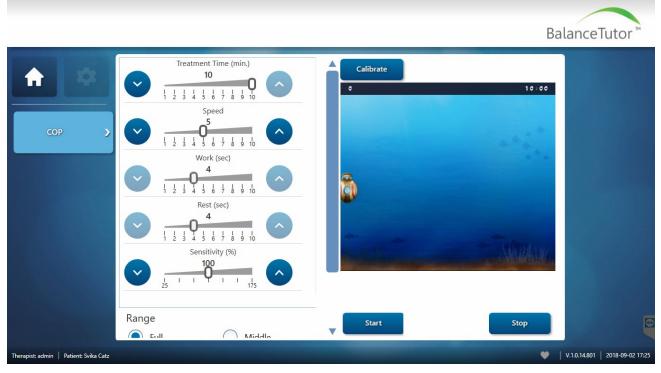


Treatment purpose	To facilite anterior/ posterior and medial lateral weight shifting practice
	in any stance position/
Therapist instructions	> Choose stance position
	> Calibrate the fruit jug to this start position
	> Instruct patient to do anterior/ posterior medial lateral body shifts
	> Press target icon button to set a target for each weight shift from the
	calibrated start position. Or press automatic to generate targets
	> Press start to commence the
• Comment	No force can be applied to force plate apart from patient

Page 55 of 85



### 4.3.10.2 **Submarine**



Treatment purpose	To facilite anterior/ posterior and medial lateral weight shifting practice
	in any stance position/
Therapist instructions	> Choose stance position
	> Choose medial/ lateral of anterior posterior task
	> Direct patient to do appropriate weight shift exercise and press
	calibrate
	> Check Range icone on left
	> Set treatmetn parametrs according to patient's ability
	> Press start
• Comment	No force can be applied to force plate apart from patient

Page 56 of 85



# 4.4 System Security

The BalanceTutor software is a standalone system that requires no resources nor authentications from outside the system to function. The embedded computer within the BalanceTutor can not be added to an organizations' domain. Therefore, the built in users within the BalanceTutor software can't be added to Active Directory or organizations' Group Policy. However, internal users can be created, managed and supervised within the application.

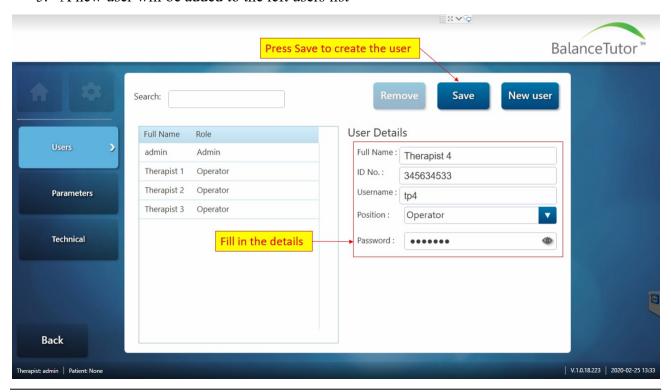
### 4.4.1 Users

There are two types of internal users in the system, Admin and Operator. Both users enable complete use of the system with all its modules and abilities. Only the Admin user has the option to configure the software system. The default Administrator user login details are:

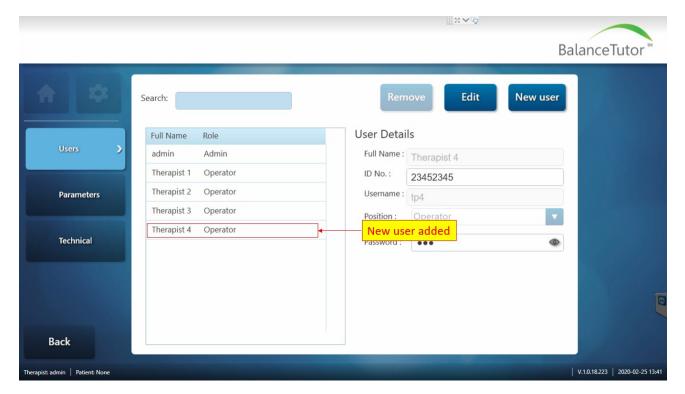
Username: admin Password: admin

To create an operator user do the following:

- 1. Access the application as Administrator
- 2. Press the Setting button
- 3. Fill in the details of the new user and select Position as Operator
- 4. Press Save
- 5. A new user will be added to the left users list







### 4.4.2 Anonymous Patient

In some organization there is a request to keep patients identity anonymous.

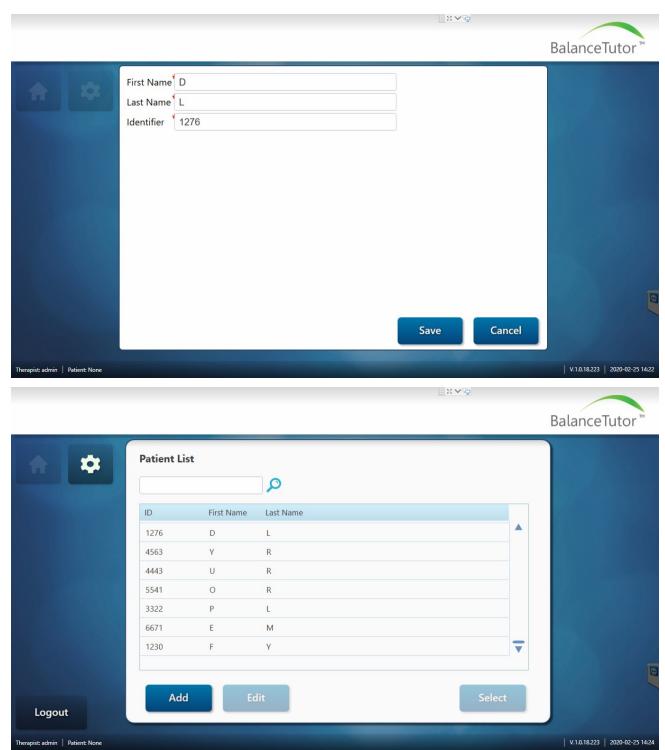
The system provides this option using the following steps:

- 1. Access the application as Administrator
- 2. Press the Setting button
- 3. Press Parameters
- 4. Press Edit
- 5. Check the Anonymous Patient box
- 6. Press Save

Following this process patient will be added with initials only and a four digit identifier number created by the user as demonstrated in the following example.

Page 58 of 85





### 4.4.3 System Hardening

The SSD (Solid State Drive) within the embedded computer of the BalanceTutor my can configured to be solidified. There is an option supplied by MediTouch IT team to disable the ability of deleting or inserting files to the file system in order to protect the integrity of the operation system the

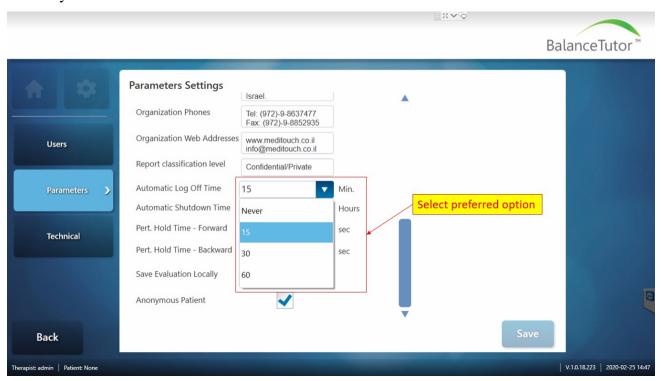
Page 59 of 85



BalanceTutor use. Such specific customer requirements can lead to additional annual service charges.

### 4.4.4 Automatic System Log Off

The system provides an additional security option to automatically log off the last user following inactivity.



### 4.5 Data Export

The BalanceTutor software generates two kind of files, PDF and CSV.

### 4.5.1 PDF

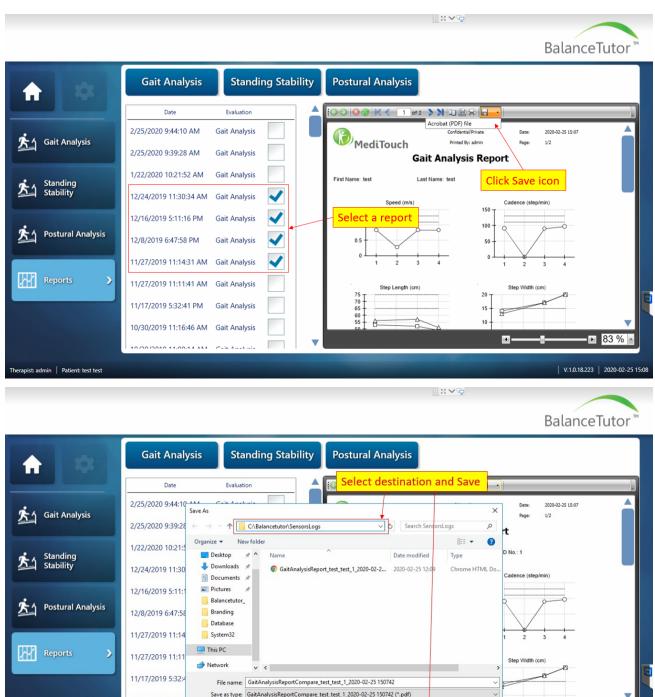
A PDF file is generated from the report module of the software. These reports may include evaluation results or clinical measures performed by the therapist or researcher.

In order to export a report, use the following steps:

- 1. Select a patient
- 2. Go Evaluation or Sessions Log
- 3. Choose a Report
- 4. Click the Save icon
- 5. Save file in computers' directory

Tel: (972)-9-8637477 Fax: (972)-9-8852935





herapist: admin | Patient: test test

Page 61 of 85

DO-15-01-02

V.1.0.18.223 | 2020-02-25 15:10

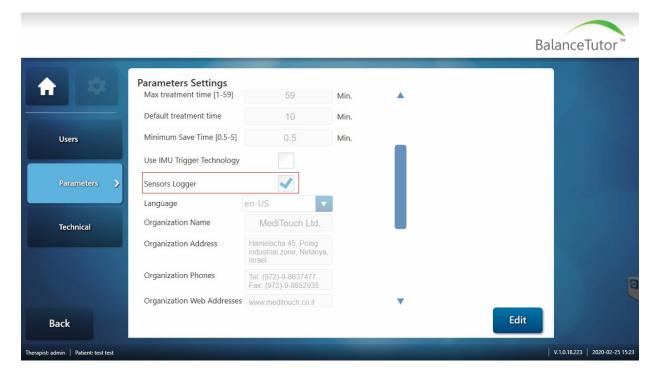


### 4.5.2 CSV

CSV files are generated automatically (saved automatically in c:\balancetutor\sensorlogs\) after each treatment or an evaluation. The content is raw data of; Sampled Time, COP Sensors, IMU's (an option) and Perturbation states. Sample rate is 65-70 samples/second.

In order to enable CSV file to be saved automatically, follw the next steps:

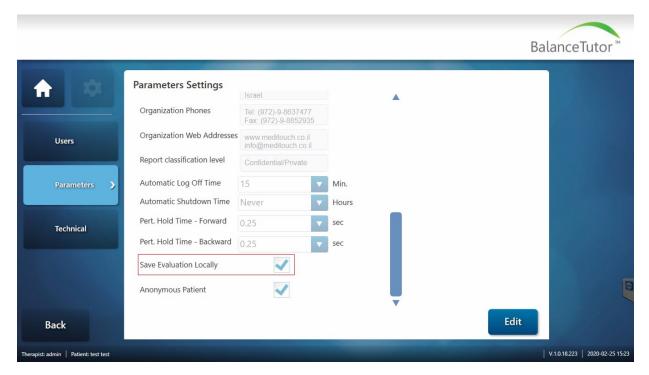
- 1. Access the application as Administrator
- 2. Press the Setting button  $\rightarrow$  Press Parameters
- 3. Press Edit and Check the Sensors Logger box
  - \* Evaluations may also be saved by checking the Save Evaluation Locally box as well
- 4. Press Save



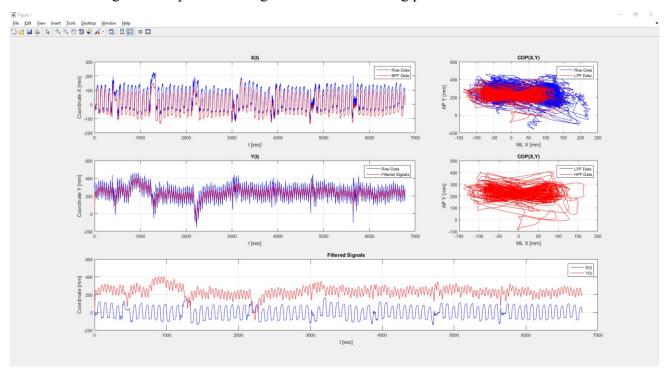
Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 62 of 85





All CSV files can be extracted to a comfortable visual view using Matlab \*.m file procedure. Please see the following an example describing COP behavior during perturbations.



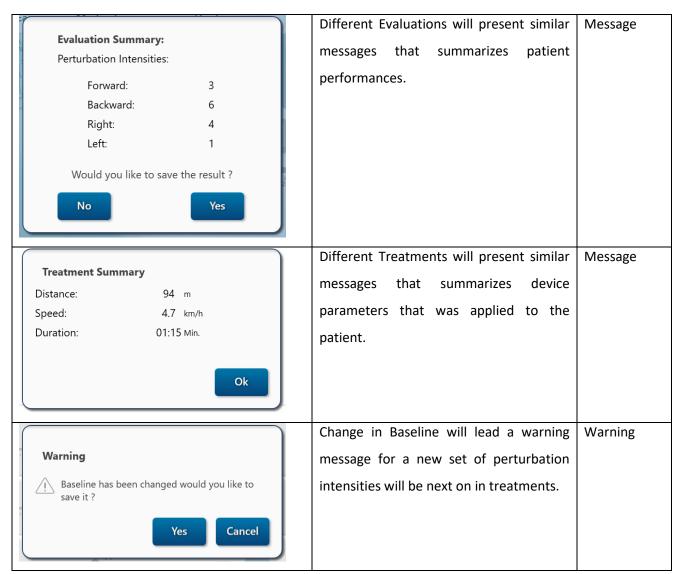
Page 63 of 85



# 4.6 System messages

IMAGE	DESCRIPTION	SEVIRITY
Username: admin Password:	Wrong User/Password at login	Error
Caution!  Step off the platform. Homing procedure is starting  Ok	The perturbation platform start with homing procedure.	Message
Emergency stop activated  Twist left to release  OR  Plate reached limit  Push plate  Ok	An attempt of the system to start homming procedure but one of the following preventing it:  1. Emergency stop button pressed 2. Perturbation plate located maximaly to the right or to the left	Fault
Alert  ⚠ Failed to analayze  Ok	Failed to analayze recorded data from the COP sensory system. It caused because no one is standing on the platform.	Fault



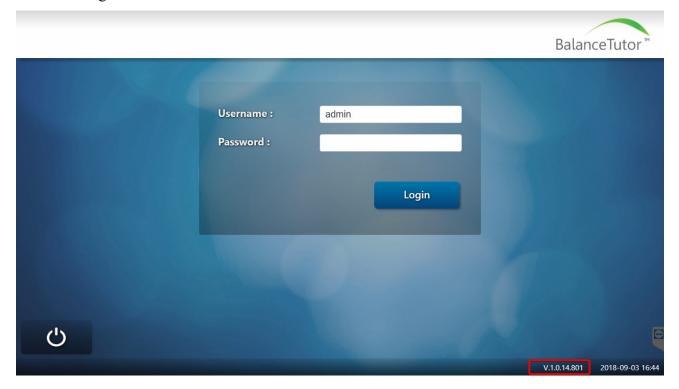


Page 65 of 85



### 4.7 Version identifier

Each version of the BalanceTutor software has a unique version number that could be detected from the bottom right screen.





# 5 Training

### 5.1 General notes

# 5.1.1 Suitable clothing

Wearing appropriate clothing can reduce the patient's risk of skin irritation and lesions. We suggest patients wear tight-fitting pants made of soft cotton. Clothes made of thick, rough, fabrics with thick seams or very loose pants are unsuitable. Synthetic materials can cause mild burns on the skin due to friction. Patients should wear flat, closed shoes on the treadmill. Suitable shoes must be worn to ensure a regular gait pattern.



If users have long hair, there is a danger of their hair getting caught in the treadmill during treatment. For this reason, we recommend that long hair is kept tied up at all times using a hairnet or other means.

### 5.1.2 Before starting training

You must explain in detail to patients about what the BalanceTutor does before their first training session. Make patients aware of the benefits and risks of training as well as the concept of perturbation.

### 5.2 Safety harness

The BalanceTutor comes with single UNI size safety harness

### 5.2.1 Putting on the harness

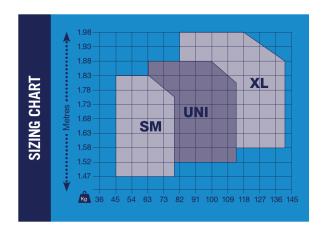
Note:

Before putting the safety harness on, make sure the patient is wearing appropriate clothing. Loose fitting and slick clothing will tend to allow vest to ride up.

When putting on the safety harness, remember that a tight fit provides greater support and feels more comfortable when unweighted. Avoid pressure around the chest and around the legs. The vest must support the person from the legs, not from the chest, arms, ribs or hips. Always fasten the straps in the order given in these instructions.



### 5.2.2 Sizes



<u>Description</u>	MediTouch P/N
Fall Protection Harness S	DS-06-01-02-A
Fall Protection Harness UNI	DS-06-01-01-A

DS-06-01-03-A

Standards:

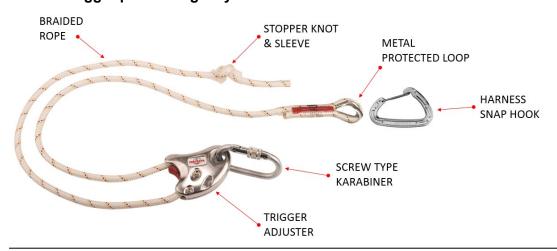
CE EN361, CE EN358, CE EN1497

Fall Protection Harness XL

### 5.2.3 Harness features



### Trigger positioning lanyar



Tel: (972)-9-8637477 Fax: (972)-9-8852935 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il

DO-15-01-02

Page 68 of 85



# 5.2.5 Harness setup

# STAGE 1 – Harness level adjustment

Adjust harness level to patient's height using the red trigger adjuster.



# STAGE 2 – Wearing the harness

Wear the harness and confirm its height according the image.



Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 69 of 85



STAGE 3 – Buckle leg straps

Buckle leg straps and adjust their length if required.





# STAGE 4 – Buckle chest straps

Buckle chest straps



### STAGE 5 – Tension adjustment

Adjust rope tension using the red trigger adjuster to allow;

- A. Secured height in case of a fall.
- B. Comfortable movement tolerance.



Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 70 of 85



# 5.3 General advice for training

The user should find these instructions helpful when providing treadmill therapy manually. Apart from drawing on the literature published on this subject, these instructions are also mainly based on the experiences of physiotherapists. This series of instructions is obviously not exhaustive.

When receiving manual treadmill/perturbation therapy, patients should carry out as many activities on their own as is medically sensible, making the best possible use of their remaining functions. The following principle should be applied in order to ensure this happens: depending on the user's training status, provide him with as little assistance and only support as much weight as is medically indicated. The purpose of the treatment is to achieve regular, symmetrical movement in both legs.



- Ask patient how he is feeling in regular intervals. Stop training session if the patient does not feel well.
- Have the straps on the harness belt become loose? Stop the training session and retighten any loose straps on the harness belt. Check to see whether the straps and buckles are twisted.
- If the harness belts' buckles opened? Stop the training session and close the open buckles. Check that the buckles are still intact. If you do not detect any defects you can continue training. The training session must be ended if any buckles are defective.

### 5.4 Training duration and frequency

Training duration and distance are determined by the user's physical ability. We recommend short training sessions of 10-15 minutes to begin with, which can be adapted to the progress the patient is making during the course of treatment. Current scientific knowledge about training stipulates as a requirement for maximum motor learning success that the organism has recovered as fully as possible (90-95% recovery) (Schnabel et al. 1997). This is equivalent, for instance, to a rest period of 18 hours between two training sessions, which basically allows a training session every day using the BalanceTutor. However, the decision about whether training can be carried out every day must always be made by the user, based on the requirements and abilities of the individual user.

### 5.5 Selecting training parameters

The decision as to which speed, acceleration and perturbation parameters should be used during the training session depends on the user's abilities. In general, the increase in the speed of movements should be adapted individually to the progress the user is making during treatment. Selecting



treadmill and perturbation speeds and accelerations that are deliberately slow may be beneficial to patients when they are learning or relearning to walk and/or training there reaction times in case of a fall, especially at the start of treatment. In particular, being able to achieve a more effective and also more deliberate control of their movement can have a positive impact.

### 5.6 Training troubleshooting

Is there a person or object inside the danger zone?

Stop the training session immediately and make sure that there is no other person or object inside the danger zone before restarting.

Do you notice the treadmill making jerky movements or unusual sounds?

Stop the training session and carry out a functional check without a patient. Contact the treadmill producer.

The patient cannot be lowered for technical reasons (winch and emergency release are no longer working)?

Do not attempt to remove the user from the device on your own. Ask for assistance from one or more people you have called upon, and they can lift the user while you then undo the buckles on the harness belt.

### 5.7 Patient becomes unconscious



A user may have difficulties with circulation control when standing up from a seated position due to reduced muscle activity and paralysis of the vegetative nervous system. If the user suddenly becomes unconscious the emergency physician must be informed and the user lay down immediately or tilted backwards if sitting in a wheelchair.

# 5.8 After training

- Stop the treadmill and perturbations or any running sessions.
- Loosen the belt straps and remove the harness belt from the user.

### 5.9 At the end of a training day

- Switch OFF the BalanceTutor according to the manufacturers' orders.
- Pull the plug out of the socket, to separate the BalanceTutor from the current.

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il

DO-15-01-02

BalanceTutor user manual 200824.doc

Zip: 42505, PO Box: 8306 Page 72 of 85 MediTouch

6 Clinical Guidelines

Sufficient postural control ability is essential element for active daily living activities and falls

prevention. Balance will be lost because of an insufficient proactive response or following an

unexpected perturbation like a slip or a trip.

Postural control and Balance is obtained by Proper function of several body systems such as

Vestibular, Visual, Somatosensory system in addition to proper physical and cognitive abilities.

These important systems and abilities can be impaired following various Neuromuscular and/or

Musculoskeletal injuries or disease leading to imbalance because of impaired proactive and Reactive

response ability.

Specific proactive and Reactive training is needed to improve and retain postural control and

Balance ability in Standing and walking situation.

6.1 Clinical Applications

Balance Tutor enables Perturbation based-Balance Training and Center of Pressure (COP) practicing

to improve and retain postural control and balance ability by following methods.

6.1.1 Weight-Bearing Encouragement

Weight-bearing encouragement practice can be achieved by BalanceTutor in different positions and

difficulty levels.

A Perturbation based Balance training and/or Center of Pressure (COP) feedback practicing can be

used for Weight-bearing practicing according to patient abilities and rehabilitation needs.

6.1.2 Compensatory Step Respond

BalanceTutor enables to generate several kinds of compensatory step response during the gait. There

are two main compensatory responses namely crossing or side stepping which can be achieved by

providing specific perturbation during swing phase of right or left leg.

6.1.3 Vestibular Rehabilitation

BalanceTutor enables unique vestibular rehabilitation to improve vestibular function. Vestibular

function practices such as gaze stabilization or head moving in standing or walking while the surface

of support can be moved to different directions like medial/ lateral side enables special practice to

vestibular system.

BalanceTutor user manual 200824.doc

DO-15-01-02

MediTouch

6.1.4 Muscle Activation

BalanceTutor facilitates activation of specific muscle according to rehabilitation needs. For instance,

forward/ backward perturbation in standing position can facilitate activation of ankle Extensors

/Flexors following.

6.1.5 Somatosensory System Training

Balance therapy program based internal feedback using BalanceTutor system enables professional

training of somatosensory system likes proprioception or kinesthesia sensation. A series of block and

random expected and unexpected perturbation in addition to customized Center of Pressure (COP)

feedback integrated in to the system, allow for customized training of somatosensory system and

deep sensation improvement.

6.1.6 Multi-Task

Functional walking is a multi-task needing proper physical and cognitive ability. This task requires

coordination of automatic body movement during the gait together with cognitive process like

reading or thinking.

BalanceTutor allows for training of Perturbation based- Balance Training together with cognitive

practice in standing and walking situation.

6.1.7 Standing Stability

BalanceTutor system allows for standing stability improvement using customized Perturbation

based-Balance Training as well as Center of Pressure (COP) practicing.

The customized Perturbation based- Balance Training can include controlled expected and/ or

unexpected perturbation in standing position for proactive and reactive response ability

improvement. Center of Pressure (COP) practicing can be also used for postural adjustment response

improvement.

The difficulty level of the training can be set according to different kind base of support while

standing and/or different level of the perturbation.

6.1.8 Walking Stability

BalanceTutor system allows for providing customized Perturbation Based- Balance Training to

improve Proactive and Reactive responses also in walking in addition to standing position.

Page 74 of 85



Walking stability training using BalanceTutor can be achieved by practicing of computerized perturbation according to specific Gait phase such as Stance, Swing or Double Support phase during the walking.

Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 75 of 85



# 7 Maintenance & Safety Inspections

The MediTouch authorized service engineers are happy to help you in the case of occurring problems.

A preventive maintenance can avoid problems in the future and is indispensable for the safety of such technical devices. Therefore, ask for an annual preventive maintenance contract, which is highly recommended by the manufacturer, from our service department. Some basic regular maintenance and regular safety checks are obligatory!

A therapy system can only be safe if it is maintained on a regular basis and according to specified instructions.

Maintenance must usually be carried out by MediTouch or by MediTouch authorized persons every 12 months. Some preventive checks must also be carried out at shorter intervals.



- In case of any detected and/or assumed malfunctions and/or defects and/or unreadable safety warning labels the device has to be taken out of operation, the device has to be marked and secured against operation and the supplier and authorized service personnel has to be informed in writing.
- Disregard of warnings, disregard of intended and forbidden use, safety precautions and also unauthorized or lack of maintenance and/or regular safety checks may lead to injuries or death and/or can damage the device and will result in loss of any liability and warranty.
- Before intervening in the device for safety reasons switch the BalanceTutor system
   OFF and pull the mains plug out.
- During all maintenance works and safety tests make sure that no third parties are directly or indirectly in contact with the device under test and/or the technician performing the test. Keep a safety area of 2 m radius clear.

#### 7.1 Preventive maintenance

## 7.1.1 Power entry to the device

Before switching the device ON always check the circuit cable, plug, outlet socket and circuit entry of the device.

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306



## 7.1.2 Treadmill belt set to the correct tension

Before initiating the system check if the belt is in the correct tension. If it is too loose, perform tightening using the two hexagonal screws that are adjusting the back pulley.

## 7.1.3 Perturbation plate centering

After switching the device ON confirm the perturbation platform is centered to the stationary part of the device. If not, alert for maintenancy.

#### 7.2 Immediate maintenance

Immediate maintenance is necessary if:

- The device has been under high mechanical stress (push, power supply cable and/or interface cable defect through driving over it or pulling it)
- Lateral moving platform is stuck (from some obstacle or from any non-visible cause)
- Fluid has got into the device
- Cable and/or connector plug have been damaged
- Coverings and/or safety warnings have fallen Off
- The rope or the deflection pulleys show sign of wear
- A defect or malfunction of the device has been detected or is suspected
- The BalanceTutor software crashes and/or restarting
- Strange periodical mechanical noises come from motor systems

Only a properly and regularly serviced device is safe. The maintenance of the devices has to be performed by the service engineers authorized by MediTouch, preferably within the scope of a maintenance contract.

# 7.3 Regular inspections/examinations

Following list will containe which elements to be examined or inspected every year by MediTouch or any any technical personel authorized by MediTouch:

- Check metal construction for: Visual damage, rust, paint scraped, metal deformation.
- Confirm the BalanceTutor software running with the latest version.
- Running belt tension adjusted to the correct tension
- No backlash on lateral transmission system
- Electrical safety test; Protective Earth Resistance, Isolation Resistance and Leakage current.

Tel: (972)-9-8637477



• For full furfillment of the inspection report see MediTouch Annual Service Report with document number: DO-15-01-18

# 7.4 Visual inspection dirt / damage – daily before training

- Carry out a general visual inspection to check for any damage to the device and support system. If any damage is suspected the BalanceTutor must not be used.
- Clean any remains on the floor before turning ON the device.
- Clean the therapist touch screen.
- Check that no one is standing within the keep out zone indicated with the yellow-black lines surrounding the device or the bariers defined in the installation stage.
- Carry out a check for dirt, especially on the harnesses, leg straps, padding and Velcro fasteners and treadmill ramp (slipping hazard!). Dirty orthopedic components should be washed.
- Check the stitching and catches on the harnesses and leg straps. Defective orthopedic components must be replaced.

Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 78 of 85

www.meditouch.co.il info@meditouch.co.il



# 8 Wearable sensors

Wearable MediTouch motion feedback devices can be worn during static and dynamic balance training in order to provide feedback on the user's body part positions and instructions on the correct positioning and movement of body parts. The feedback also provides additional motivation to take part and complete the exercise task.

# 8.1 Setup IMU sensors

Step	Description	Indication
1.	Turn IMU sensor ON	
2.	Confirm IMU sensors connected to the software	L R
3.	Assemble IMU to strap	
4.	Wear strap to right and left leg exterior side	
5.	Go to COP trigger treatment and confirm gait detection	Ding Dong sounds during
		walking

# 8.2 Setup Heart Rate monitor

Step	Description	Indication
1.	Turn the heart rate monitor ON by pressing 3sec on top	
	switch	
2.	Wear the heart rate monitor on your wrist and wait until	<b>98</b>
	sensor connects to the software	

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

DO-15-01-02



# 9 Troubleshooting



In case of any detected and/or assumed malfunctions and/or defects or unreadable safety warning labels the device has to be taken out of operation, the device has to be marked and secured against operation and the supplier and authorized service personnel has to be informed in writing.

# 9.1 Touch screen is not responding

In a case that there is no communication with the PC, and the treadmill motors continuing there action/program. You need to press immediately the emergency button to stop the motors activity and then pressing the blue light button to reset the operation system of the PC.

#### 9.2 Interference factor

#### 9.2.1 Mechanical

Mechanical obstacles could bring the perturbation platform to a failure state. Pay attention to the following obstacles; Wall, some obstacle between floor and bottom of the platform, human leg, etc.

# 9.2.2 Electrostatic Discharge

If the user moves around the devices they can be electro statically charged with up to several thousand volts. If then the user touches a metal piece, keys or display, it can lead to an electrostatic discharge between the user and the device. Electrostatic discharges can in certain cases result in interference of the device. Generally those electrostatic discharges are without harm for the user as well as for the device, but can be quite unpleasant. The main causes for electrostatic discharges are the choice of clothes, the sole of a shoe and the movement. Very dry air and many light fittings can also lead to the same results.

Solution: Try different clothes or shoes, humidify the air in the room, and switch part of the light fittings off. Please inform the manufacturer if you detect such interference.

## 9.2.3 Source of Interference

The devices should not be installed near to e.g. an x-ray device, motors or transformer with high connection power, as the electric and magnetic interference can falsify measurements. Very strong sources of interference (e.g. above the limit according to EMT) can influence the functions of the device.



High-tension power lines nearby and electrical devices without CE - sign and without a certificate of compliance for electro-magnetic-tolerance should be avoided as well.

# 10 Technical specifications

Product technical specification file could be found under the following MediTouch document part number: DO-15-01-01

Tel: (972)-9-8637477 Fax: (972)-9-8852935

Page 81 of 85

www.meditouch.co.il info@meditouch.co.il

DO-15-01-02



# 11 Certificates

## 11.1 ISO 9001

Certificate of the SII (The Standards Institution of Israel) and the IQNET (The International Certification Network) according to ISO 9001-2015:



Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il



#### 11.2 ISO 13485

Certificate of the SII (The Standards Institution of Israel) and the IQNET (The International Certification Network) according to ISO 13485-2016:



# 11.3 Certificate of compliance medical devices

# $\epsilon$

Certificate of Compliance for devices for medical and rehabilitation purposes

Manufacturer

Name: MediTouch Ltd. Tel: +972 9 8637477 Fax: +972 9 8852935

Address: 45 Hamelacha, Poleg industrial zone, Netanya 42505, Israel.

Product

Classification according to 93/42 EEC:

Classification according to DIN EN 957-1:2005-1:

Model: BT100

Tel: (972)-9-8637477 45 Hamelacha, Poleg industrial zone, Netanya, Israel. Fax: (972)-9-8852935 Zip: 42505, PO Box: 8306

www.meditouch.co.il info@meditouch.co.il

DO-15-01-02

BalanceTutor user manual 200824.doc Page 83 of 85



We herewith declare that the above mentioned type meets following standards:

European Council Directive 93/42 EEC (MDD medical device directive), the appendix I+II of the directive 93/42 EEC are being applicable.

The CE – mark gets affixed to the product.

The following listed and fulfilled norms are elements of our production:

- EN 60601-1
- EN 60601-2
- EN ISO 9001:2015
- EN ISO 13485:2016
- IEC-601-60601-1, B3

This certificate of compliance covers the BalanceTutor which is produced by MediTouch. The validity of this certificate of compliance expires on the release date of a certificate of compliance with a later issue date, which may be necessary due to technical modifications or due to changes of standards, guidelines and directives.

45 Hamelacha, Netanya, Israel. November 12, 2020

Giora Ein-Zvi

CEO

Ziv Kuniz

CTO

Page 84 of 85



# 12 Disposal

By request and at the expense of the client MediTouch might take over the disposal of old devices and devices no longer functioning. Please contact info@meditouch.co.il for a detailed offer. Note the information for possible disposal of the BalanceTutor system parts or components through the client or a subcontractor.

The MediTouch devices are marked with following sign / symbol on the name plate: Symbol for collection, treatment, recycling and disposal of waste electrical and electronic equipment (WEEE) as set out in Directive 2002/96/EC of January 27, 2003 of



the European Parliament and of the Council on waste electrical and electronic equipment are necessary to reduce the waste management problems linked to the heavy metals concerned and the flame retardants concerned.

# 12.1 Disassemble and cut up

Use personal protective equipment, when cutting up material of any kind with the appropriate tools (eye-protection, dust mask, etc.). Contact info@meditouch.co.il to receive the safety-data-sheet according to European Commission Directive 91/155/EEC for a material.

# 13 Appendix

# 13.1 Instruction & Commissioning

Once the installation of the BalanceTutor system has been completed and a final installation summery delivered to the customer, MediTouch employee or its partner starts with the instruction and commissioning of the device. See for reference MediTouch doc number DO-15-01-12 section 4 (installation procedure)

It is important to include all people in the instruction and commissioning, who are going to work with the BalanceTutor system. After the instruction is completed the instruction protocol is to be signed by the MediTouch technician and all trained persons and sent back, together with the signed delivery note and the registration form, to MediTouch. See for reference MediTouch doc number DO-15-01-13 section 7 (Training)